

Case study 2

34 year old, G2P1, previous c-sec. Closest hospital is 20 minutes by car without traffic. Homebirth/midwife friendly OB is 40 minutes by car without traffic. First baby was 9# 4oz. Client is 5'2" father of baby is 7 feet tall. Client very motivated to have vaginal birth and home birth. Client monitored own blood sugars throughout this pregnancy, eating low-glycemic foods and exercising regularly. OB in office ultrasound at 38 weeks comments that the baby is getting big. Fundal height by midwife is at 38 week visit is 39.

At 36 week home visit all supplies and preparation are in place for laboring at home. FHR 144 with an acceleration after fetal movement.

Client begins having contractions at 38-3/7 weeks, normal bloody show, normal fetal movement reported.

FHR taken q 30 minutes, baseline 132, moderate variability (11, 12, 11, 11, 12, 11, 11, 12).

Client labors for several hours with normally progressing labor, FHT continue with normal baseline, moderate variability, no decels nor accelerations heard.

2 hours after a vaginal exam (findings: 7/90/-2) client begins to get agitated and vehemently declines subsequent vaginal exam. Heart tones are 11, 12, 11, 11, 11, 11, 11, 11, 12. Midwives offer and administer sterile water papules. Next heart tones are 10, 14, 13, 12, 10, 14, 13, 10, 11, 14.

Client agrees to have a VE: 7/90/-2 3 hours after previous VE. UCs are q3-4 minutes, and 90 seconds. Client's agitation continues, not coping well with labor pains.

Notes on your assessment and plan of action:

Case study 3

27 year old, G2P1 with history of fetal distress during first labor resulting in a homebirth transfer and vaginal birth. No risk factors. GBS negative, labor begins with UCs and normal show.

(five second counts)

1:30 pm	11, 12, 12, 11, 10, 12, 12, 11, 12, 12	UC q5 60 s	breathing well
2:00 pm	12, 12, 11, 12, 12, 11, 10, 12, 11, 12	UC q4 60 s	VE 7/90/0
2:30 pm	12, 11, 12, 11, 12, 10, 13, 13, 13, 12, 11	UC q3 60 s	spontaneous pushing urges
3:00 pm	12, 12, 11, 12, 12, 11, 10, 12, 11, 12	UC q 3 60 s	station strong pushing urges, VE complete +1
3:10 pm	8, 9, 8, 7, 9, 8, 8, 10, 9, 8, 9,	UC q2 60 s	midwife asks to stop pushing, lie on side

(switched to 6 second counts)

3:11 pm	8, 9, 8, 8, 9, 8, 9, 10, 9, 8, 8, 8, 8		VE, attempt to elevate head, scalp stim
3:12 pm	8, 9, 8, 8, 9, 9, 8, 8, 9		

Notes on your assessment and plan of action: